

# Health Reminder

As the cold/strep/flu season continues and we have a few viruses circulating, just a brief reminder. Please keep your child home if they have been sick the night before or on antibiotics less than 24 hours. Our criteria for sending them home is vomiting/diarrhea or a temperature above 100 degrees, so they can rest and recover. They should remain at home until they are fever free or free of vomiting/diarrhea for 24 hours, in order that they may regain their strength and not be contagious to the other students.



Also, if your child is diagnosed with a specific illness, would you please notify the school when reporting their absence? Thank you for your concern for all our students. Maureen Somers, RN, BSN,CSN  
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