



**Saint Elizabeth Parish is sponsoring  
QPR Suicide Prevention Training**  
QPR is...Question, Persuade, Refer  
*Three simple steps that may save a life!*

**Thursday, March 21, 2019**  
**7:00 PM – 9:00 PM**

Training is free and presented by...



Space is limited, please register at [www.stelizabethparish.org](http://www.stelizabethparish.org)

Just as people trained in CPR and the Heimlich Maneuver help save thousands of lives each year, people trained in **QPR** learn how to recognize the warning signs of a suicide crisis and how to Question, Persuade, and Refer someone to help.

**QPR** is nationally recognized, evidence-based suicide prevention training developed by Paul Quinnett, PhD, a clinical psychologist and the founder of QPR Institute ([www.qprinstitute.com](http://www.qprinstitute.com)).

***Training is in Saint Elizabeth Social Hall & open to high school students and adults.***